

*Clerk stamps date here when form is filed.*

*(Attach to Orders in wherein the court orders counseling)*

*A Court-Involved-Therapist is a therapist with specialized training meeting AFCC's guidelines.*

**The Court orders the following counseling.**

**Individual counseling with a court-involved therapist for**

Father \_\_\_\_\_

Mother \_\_\_\_\_

Guardian \_\_\_\_\_

Minor(s) \_\_\_\_\_

Co-parent counseling to begin at once with a court-Involved-Therapist.  The parties must use the high conflict model with each having their own therapist.

Family counseling with a Court-Involved-Therapist. The therapist will decide who takes part in each session.

**The goal of therapy is:**

Improving parenting skills which may include setting up proper boundaries, discipline, parentification, emotional regulation, and keeping children out of conflict.

Improving the relationship between parent/child

Addressing resist and refuse dynamics.

Improving the communications between the parents

General therapeutic intervention for all mental health issues

More effectively managing of the emotional disruption and difficulty of divorce, separation or separate households or managing anxiety.

Other \_\_\_\_\_

**The therapist's fees shall be paid as follows:**

Each party is ordered to pay the cost of their own individual therapy.

Family therapy shall be paid as follows:

Father \_\_\_\_\_  Mother \_\_\_\_\_  Guardian \_\_\_\_\_

Co-parent counseling shall be paid as follows:

Father \_\_\_\_\_  Mother \_\_\_\_\_  Guardian \_\_\_\_\_

Other payment \_\_\_\_\_

**Superior Court of California, County of  
Sonoma**

**Case Number:**

## THERAPEUTIC INTERVENTIONS INSTRUCTIONS

Case Number:

1. You must select a therapist within five days of the date of this order.
2. The parties must attend the next available appointment of the selected therapist.
3. If the therapist/cannot serve, a new court-involved therapist must be chosen within five days of the date the therapist informs the parties that they can no longer serve in that capacity.
4. Suppose the parties cannot agree upon a therapist. In that case, each party must, within ten days of one party stating, in writing, that the parties are at an impasse as to the choice of the therapist, submit two names, along with *curricula vitae* of the proposed therapists, to the judicial officer assigned to their case. The judicial officer shall then choose the therapist and issue an order thereon.
5. The court-involved therapist shall determine the duration and frequency of the above therapy.
6. The person(s) undergoing the treatment is ordered to follow the therapist's direction for the number and frequency of visits. The sessions shall not be longer than 52 weeks unless specifically agreed upon by the party(s).
7. The person(s) shall not miss an appointment unless the court-involved therapist excuses it.